



User Information Guide

Positioning Rolls

The rolls are designed to assist the control of posture in lying. They are for use by people who have little, or no mobility to move themselves or alter their position.

Correct use of the roll will help in the prevention of contractures, deformity and pressure sores and in the control of spasticity. They are comfortable to use in most cases and may relieve associated back pain.

The rolls are designed for use with people who have significant asymmetry of contractures deformity. Potential users may find it useful to consult a therapist. The Rolls are essentially a static means of control and as such are unlikely to be effective when used with restless individuals.

These instructions cover both T-Rolls (Fig 1) and the Log-Roll (Fig 2) with polyurethane foam filling and the Inflatable roll. Various sizes of Rolls are available and your therapist should be consulted if any problems are experienced.

Notes on Use

Before unwrapping the support, please check that the product is the correct size and a good fit. As unwrapped products cannot be returned, credited or exchanged due to health and hygiene reasons. See returns policy enclosed.

The T-roll is used to control position of the body in supine lying (fig 1). Pillows placed laterally along the length of the trunk lend additional support when necessary.

When using the T-Roll always support the feet in order to relieve pressure at the back of the leg.

The Log roll is used to stabilize posture in side lying. A pillow tucked in behind the trunk prevents rolling backwards (fig 2).

The Inflatable Rolls should be inflated to the degree to provide a firm shape allowing approximately 12mm (1/2 inch) of depression under moderate pressure. They may be used with a Soft Knit cover available in 5 colours. Use as noted above for the appropriate shape.

Note

As with all new positioning equipment, it should be gradually introduced and the use carefully monitored. If discomfort is experienced such as may interrupt sleep, discontinue use and consult your therapist.

Washing and Cleaning

Please see details overleaf.

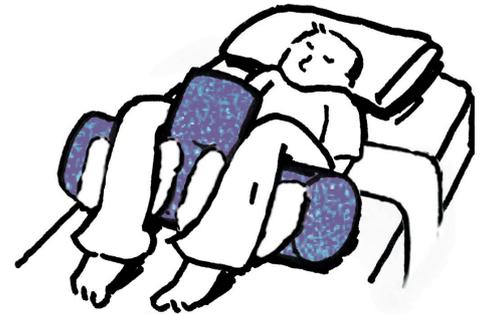


Fig 1: T-Roll

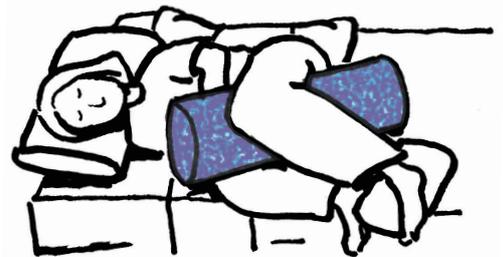


Fig 2: Log-Roll



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Washing & Cleaning

Foam Filling

The foam should not be allowed to become penetrated with any substances, It can be sponged clean, but should NOT be immersed in water. The Foam filling should be replaced when there are signs of deterioration, or if it becomes contaminated.

Drying

Ensure the foam is completely dry before covering. Drying at air temperature.

SoftKnit Covers

The cover may be machine washed at 40° C – Cool iron, dry cleanable. DO NOT BLEACH. Covers should be replaced if or when the material becomes worn.

Drying

Drying may be affected by hanging out, spinning. DO NOT TUMBLE DRY

Waterproof Titex Covers

Superficial dirt on the surface may be removed by wiping with a soft cloth moistened with hand hot water and a neutral detergent. Care should be taken when removing and replacing covers. More persistent contamination may be removed by wiping with methylated or white spirit followed by hand hot water and detergent. Abrasive cleaning agents should not be used. See also Washing below. Covers should be replaced if or when the material becomes worn.

Hygiene and Disinfection

Cleaning and disinfection may be undertaken on the exterior covering. Proprietary disinfectants may be used provided the manufacturers' instructions are followed.

Washing

The cover may be machine washed at up to 60° C using normal detergents.

Drying

Adequate drying is a crucial factor in the care of the material. Drying may be affected by hanging out, spinning or tumbling at temperatures up to 100°C. Ensure the cover is completely dry on the inside, with no trapped moisture around the seamed joints, before recovering the foam.

Storage

Store in a cool dry area.
